



CAMPBELL 50+ NEWS

FALL 2021 NEWSLETTER

408-866-2146 * <https://www.ci.campbell.ca.us/231/Adult-Center-50>



Adult Center Update

We are delighted to begin the reopening process this fall! The reopening of the Adult Center will be gradual due to limited staff. Thank you for your patronage and continued patience as we bring back programs and activities.

The Adult Center Office will remain closed. You may receive in-person assistance at the Community Center Office located at room C-31 or by calling **408-866-2146**.

Activities returning this fall:

Book Club- 2nd Friday, 1:00-2:00 pm, room C35

Busy Hands Group- 2nd Friday, 10:00 am-12:00 pm, room E42

AARP Meeting- 3rd Tuesday, 10:00-11:30 am, room Q-80

Please contact the Adult Center Office at **408-866-2146** if you are interested in joining.

Fall Class Registration

Registration for all classes listed is available online at <https://secure.rec1.com/CA/campbell-ca/dashboard>

or by phone at **408-866-2146** starting at **9:00 am**

Tuesday, August 10th for Campbell Residents

Wednesday, August 11th for All Other Residents

New Registration System

The Adult Center has a new registration system, **CivicRec**. If you plan to return for classes or groups/clubs please create a new account at <https://secure.rec1.com/CA/campbell-ca/dashboard>. Establishing a new account will expedite enrollment in Adult Center activities.



Services

Case Manager – Looking for help with your energy costs? One time rebate or credit is available through HEAP – Home Energy Assistance Program. There are other utility discounts for those who qualify. Several affordable low-income senior housing communities have opened their waitlists. Transportation, legal, and other services are also available. Pat Martinez, Case manager, is here to help by phone at **408-871-5154**, or email patriciam@campbellca.gov.

Legal Aid - Senior Adults Legal Assistance (SALA) provides a free 30-minutes consultation to older adults age 60+. To schedule a phone appointment, call **408-295-5991**.

Health Insurance Counseling Advocacy Program (HICAP) - Sourcewise provides assistance with Medicare benefits and healthcare options for older adults age 60+. Schedule a free phone appointment with a counselor by calling **408-350-3200**.

Senior Nutrition Program



The Campbell Senior Lunch Program offers nutritious meals to older adults age 60+. Takeout meals are available by walk-up only, Monday thru Friday at 11:00 am. Meals are served on a first come, first serve basis and the suggested contribution is \$3.00 per meal.

Indoor dining will resume this fall. Masks will be required for all participants. Please call **408-866-2764** or check the City of Campbell website for the specific date.

Retirement Celebration for Donna Rice

Join us for a celebration to honor Donna Rice who officially retired from the City of Campbell in February 2021. The celebration will be held on **August 25th, 2:00-3:30 pm in room Q-80**. RSVP [here](#) or call Tina Wong-Erling at **408-866-2147** by August 23rd so we may plan appropriately. Hope to see you for the momentous occasion!



Caregivers Count! 11th Annual Conference

Virtual Event- 4 Part Series

Date: September 11 thru October 2, 2021 Time: 10am to 12pm

A free virtual conference for families and friends taking care of an elderly loved one. Registration info at www.caregiverscount.net or click here.

9/11
Self-Care

9/18
Caring for
Someone with
Mental Health

9/25
Advance
Health Care
Planning

10/2
Adult Day Care
Re-Imagined



Caregivers Count!
11th Annual Conference
Virtual Event - 4 Part Series

**SAVE
THE
DATES**

September 11, 18, 25 and October 2, 2021
10:00am to 12:00pm



**A FREE VIRTUAL
CONFERENCE FOR
FAMILIES AND FRIENDS
CARING FOR A LOVED ONE**



Health Insurance Counseling & Advocacy Program MEDICARE WORKSHOPS

New to Medicare	Thursday, August 12 th from 1-2pm Zoom registration link and details here .
Part D Plan Finder Demo	Tuesday, September 14 th from 1-2 pm Zoom registration link and details here .
Part D Plan Finder Demo	Thursday, November 4 th from 1-2 pm Zoom registration link and details here .



Other Community Programs BAY AREA OLDER ADULTS

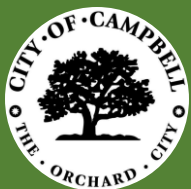
Walks And Tours

Exclusive Old-Growth Redwoods Forest	Aug. 17 th from 11 am-12:15 pm
Ravenswood Preserve	Aug. 25 th from 9 am to 2 pm
Sanborn County Parks Redwoods & Reservoir	Sept. 22 nd from 9 am to 2 pm
El Corte de Madera Creek Preserve	Sept. 29 th from 9 am to 2 pm
Zinfandel Walk, Picnic & Winetasting	Oct. 7 th from 11 am to 12:15 pm
Walk Along the South Rim of San Jose's Oldest Park	Oct. 27 th from 10 am to 3 pm

Educational Series

Conserving Water Inside Your Home	Aug. 5 th from 11 am to 12:15 pm
Newt Patrol	Aug. 19 th from 11 am to 12:15 pm
Climate-Safe California:	
Path to Net-Negative Emissions	Sept. 23 rd from 11 am to 12:15 pm
Conserving Water Outside Your Home	Oct. 7 th from 11 am to 12:15 pm
	Nov. 11 th from 11 am to 12:15 pm

Please register at <https://www.bayareaolderadults.org/bao-lectures> or contact Bay Area Older Adults at 408-774-0593.



Campbell Adult Center
1 West Campbell Ave. C-31, Campbell, CA, 95008

**Parks
Make
Life
Better!**